

A woman is lying down, receiving a facial treatment. A hand is using a brush to apply a white cream to her cheek. Another hand is holding a wooden bowl containing a golden liquid. The woman has a green stone on her forehead and another on her neck. The background is dimly lit with warm, glowing lights.

**BySteh**  
Hotels

**Schedule**

Everyday

De 10:00 am - 18:00 pm

# Beauty Ritual

## Personalised Phyto Sea

Choose your personalised treatment based on seaweed and plankton, among other totally vegan ingredients.

- **Detox** - Moisturising and detoxification
- **Stop Manchas** - Whitening and brightening
- **Anti-age** - Repairing and oxygenating

50min / **85€**

## 24K Diamond Gold

Our most exclusive treasure. A luxurious lithocosmetic treatment that reduces wrinkles, mitigates stress, injects energy and restores balance to your face. Hydrates, illuminates and improves skin tone thanks to the incredible properties of gold, pearls and diamond dust.

75min / **135€**

## Skin Energy Vitamin C

Facial treatment with high antioxidant and anti-fatigue power. Provides luminosity, smoothness and revitalises the delicate skin of the face while preventing premature ageing.

60min / **95€**

# Massages

## Anti-stress with Aromatherapy

Enveloping relaxing massage accompanied by aromatherapy. Hydrated skin and a serene mind thanks to our aromatic synergies and sweet almond oil.

30min / **60€**

60min / **90€**

90min / **115€**

## Sport

Massage for recovery, toning, preparation and recuperation. Ideal before or after exercise, it also relieves the back and joints thanks to the action of our blend of essential oils.

30min / **65€**

60min / **95€**

## Mother to Be

A relaxing moment for the mother-to-be, where we will spoil her with a soft and delicate massage with our highly moisturising and protective Nature Oil essential for pregnant women and babies.

60min / **95€**

## Ayurveda

Previously we prepare your skin with a deep exfoliation, generating positive emotions that motivate a good physical and mental state. The millenary Indian technique performed with oriental hot oils to rebalance and channel the energy of the Chakras.

60min / **95€**

90min / **129€**

## Lomi-Lomi

Hawaiian massage with coconut oil, where the therapist works deeply and rhythmically with the hands, forearms and elbows to improve the physical, spiritual and mental state.

60min / **95€**

## Happy Feet

Relax body and mind by receiving this massage, where we will work on the reflex zones of the foot, preventing and improving certain ailments.

30min / **60€**

## Body treatments

### Sensations

Complete treatment including peeling, wrap and massage.

**Alga Wine:** Micro-fragmented algae and remineralising wine therapy. Delays ageing and acts on fluid retention.

**Biofango marino y cacao blanco:** Extraordinary blend of spirulina algae, plankton, thermal water and white cocoa. Detoxifying, moisturising, draining and firming.

90min / **140€**

**Gold:** Algae and fine alchemical gold wrap. Antioxidant properties, releases toxins and combats skin ageing.

90min / **160€**

### Honey Peel

Body scrub with a great moisturising and highly regenerating power for the skin thanks to the crystallised honey which, on contact with the skin, turns into a pleasant and aromatic oil, its high content in vitamins, minerals and amino acids provides softness to your body.

50min / **99€**

## SPA Rituals

### Gold Day 24K

Discover a universe of sensations with this exclusive and luxurious facial and body treatment. 120 minutes where gold and its properties will provide luminosity, nutrition, hydration and firmness to your skin, living an unforgettable experience.

120min / **210€**

### Total Energy (Vitamin C - Cacao)

Delicate experience that caresses and spoils the skin, hydrating it and enveloping it with the scent of cocoa and orange. We relax body and mind combining body and facial treatment.

120min / **170€**

## Beauty treatments

### SPA Manicure

Nail care and beauty, completing it with a peeling and a wrap to provide greater hydration and nourishment for your hands. Finish your SPA manicure with semi-permanent nail polish.

Approx. 75min / **70€**

### SPA Pedicure

Complete beauty and care treatment for your feet, enhancing their benefits with peeling and wrapping. Finish your SPA pedicure with semi-permanent nail polish.

Approx. 75min / **70€**

# Yoga

Our yoga teacher with 500 hours of experience teaches Ashtanga and Yin Yoga, certified by Yoga Alliance.

Joy is here to help you reconnect with your mind and body through yoga.

## Training

**Licence:** 200 hours yoga teacher.

**Certified by:** Yoga Alliance

**Licence:** 200 hours Ashtanga yoga teacher.

**Certified by:** Yoga Alliance

**Licence:** 100 hours Yin Yoga teacher.

**Certified by:** Yoga Alliance

**Licence:** 100 hours Yin Yoga teacher.

**Certified by:** Yoga Alliance

**Licence:** 100 hours online training to become a Yin Yoga teacher.

**Certified by:** Yoga Alliance

**Licence:** 85 hours of online postnatal yoga teacher training.

**Certified by:** Yoga Alliance

90min Private lessons / **97'50€**

# Recommendations

We advise you to come to your treatment in a bathrobe and dry clothes, without body creams, make-up or jewellery and with the telephone on silent.

We recommend that you do not sunbathe excessively before or after the treatment, nor eat a large meal or be under the influence of alcohol.

For men, it is preferable to allow at least two hours between shaving and any facial treatment.

If you suffer from any illness or physical problem or allergy, you must inform the reception staff, especially in cases of arterial hypertension and vascular problems. Also in the case of pregnant women.

# Osteopathy

Treatment for the following ailments: cervical pain, torticollis, headaches, lumbago, ischial pain, impingement, tennis/golfer's elbow, muscle contractions, sports injuries (golf, tennis, football, basketball, jogging, etc.).

60min external centre / **120€**

# Delay and cancellation

In case you arrive late for your treatment, your treatment time will be limited in order to provide adequate service to our next client.

If you need to cancel your reservation, please do so at least 12 hours in advance.

Late cancellations will incur additional charges.